

**Team Details Carolina All Stars FH**

Shirt No.	Player	Date of Birth	Age*
0	<b>CICUTO Alessia</b>		12
1	<b>PERKINS Sarah</b>		15
3	<b>WILLOUGHBY Claire</b>		13
5	<b>BRICKNER Amanda</b>		14
7	<b>CALLERY Sarah</b>		14
8	<b>ANDRINGA-SEED Quinn</b>		13
10	<b>FREEDMAN Elle</b>		15
11	<b>LONG Ayden</b>		15
13	<b>KIRSCHNER Emilie</b>		13
16	<b>FINE Ella</b>		15
17	<b>BLALOCK Brooke</b>		15
18	<b>BUTULIS Alexandra</b>		13
19	<b>ZOLOTOR Molly</b>		14
20	<b>WATERS Talbot</b>		15
20	<b>WATERS Talbot</b>		15
21	<b>MCDONALD Eva</b>		15
23	<b>TUCKER Carson</b>		15
25	<b>LONG Emma</b>		15
27	<b>DAVIS Daniella</b>		14
30	<b>LASSITER Chloe</b>		13
33	<b>TAYLOR Abigail</b>		14
34	<b>MILLER Hensley</b>		14
35	<b>MONTGOMERY Madison</b>		15
36	<b>DAMARE Audrey</b>		15
38	<b>RUITER Brooke</b>		14
44	<b>CICUTO Gabriella</b>		15
72	<b>MAROLD Summer</b>		13
88	<b>CRABTREE Mia</b>		15
99	<b>SIMMONS Scarlett</b>		14

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\* As of 2018-12-31

**Team Staff**

Role	Name
Team Manager	<b>FULTON Meghan</b>
Head Coach	<b>AYERS Chantal</b>
Assistant Coach	<b>MELENDEZ Carolos</b>
Assistant Coach	<b>FULTON William</b>

**Team Colours**

Shirts	
Skirts	
Socks	
GK Shirts	

Team Details Charlotte Ambush FHC

Shirt No.	Player	Date of Birth	Age*
1	CRUTCHFIELD Lucy		13
2	KOCMOND Elle		13
3	HARKLEROAD Mason		15
4	COLLIER McKenzie		14
5	MATTSON Julia		15
7	GOLDEN Caroline		13
8	PERRIN Kate		13
9	PAGE Ella		15
10	HARTLEY Olivia		14
11	MONTIONE Marisa		14
12	OSHEROW Lucy		14
13	VALBUENA Penny		14
14	MARCHESAN Anna		15
15	HARKLEROAD Hannah		13
16	DESCHAMPS Catherine		15
18	CVETKOVSKI Alexandra		13
20	DAVIS Caroline		14
23	WALTERS Stewart		13
24	MATTSCHECK Ivey		14
27	JEFFRIES Eleanor		15
28	OKLAND Audrey		15
30	WALTERS Branson		15
33	CARTER Emma		15
34	CARTER Olivia		14
37	LONGO Kate		13
41	PERKINS Julia		14
43	TEGELER Elizabeth		14
44	JENNINGS Charlotte		15
46	ANDERSON Katherine		15
47	ELLIS Lindsay		14
52	CLIFTON Sarah		14
58	CHAI Ellie		14
59	BUNDON Catherine		15
62	OBER Kathryn		14
71	KANTOR Kaelin		15
79	MARSHALL Mia		15
84	TEATES Katherine		15
108	STONE Teagan		14
113	GERRAUGHTY Aneliese		15
114	KENNEDY Shea		14
117	GRUENDEL Josie		13
118	FITZHUGH Cassell		13
123	ISON Kate		15
131	RITCHIE Emily		15
132	ROTH Taryn		14
161	BLUMER Eleanor		15
162	BOULWARE Caroline		15
164	CASEY Claire		13
165	CASINGAL Nina		15
167	CURRIE Anna		15
173	GUNN Sophia		15
175	HENRY Ardyn		13
184	MCLEOD Chase		15
191	PASCHALL Alice		14
196	TOWERY Saylor		15
246	HINSHAW Alexandra		15

247	<b>MORRIS Lillian</b>		15
249	<b>FELICE Audrey</b>		15
251	<b>HAMILTON Fenley</b>		15
254	<b>SMITH Sophie</b>		15
260	<b>PATTISON Marietta</b>		15
262	<b>BAILEY Lily</b>		15
279	<b>JOHANNES Zoe</b>		14
280	<b>CERBONE Violet</b>		14
282	<b>STOUSE Marguerite</b>		14
284	<b>SWITZER Catherine</b>		14
295	<b>MOHANTY Anna</b>		14
299	<b>EWERT Ava</b>		14
300	<b>WIELECHOWSKI Taylor</b>		14

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\* As of 2018-12-31

### Team Staff

Role	Name
Team Manager	<b>LOEB Terry</b>
Head Coach	<b>MELANDO Kelsey</b>
Assistant Coach	<b>CARLS Abigail</b>
Assistant Coach	<b>GARRITY Michelle</b>
Assistant Coach	<b>BYRD Esther</b>
Assistant Coach	<b>ADCOCK Erica</b>

### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

### Team Details Hawks Premier FHC

Shirt No.	Player	Date of Birth	Age*
1	REECE Mackenzi		12
2	JACKSON Avery		13
5	STEELE Maddison		15
10	PAUL Kassie		14
11	HARPER Elizabeth		14
12	WOOD Gwen		15
14	BROWN Skyler		14
16	DAUGHETY Jolin		15
17	PATTON Kylie		14
19	MCDONOUGH Kamryn		12
21	TEUBERT Allison		14
23	HAYES Skylar		14
24	HATOK Madeline		14
25	COCHRAN Peyton		14
27	GRIMES Samantha		15
28	DODD Ashlyn		14
34	COTTEN Isabel		15
36	ODOM-THOMAS Stepheney		15
44	EATON Danielle		15
77	REXRODE Anna		15
88	NAU Ashley		13

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### Team Staff

Role	Name
Team Manager	CHIPMAN Tina
Head Coach	CHIPMAN Cord
Assistant Coach	PAUL Elizabeth

### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

### Team Details Metro HC

Shirt No.	Player	Date of Birth	Age*
3	<b>MOAN Lucy</b>		14
9	<b>NELSON Zoe</b>		15
17	<b>MARTIN Amanda</b>		12
23	<b>DANLEY Olivia</b>		14
25	<b>TYLER Emily</b>		15
27	<b>PURCELL Emma</b>		15
29	<b>BRUNET Olivia</b>		15
30	<b>WHITE Ashlyn</b>		15
34	<b>MARKELL Alyssa</b>		14
36	<b>TORGESEN Ashley</b>		14
40	<b>MCFADDEN Rachel</b>		15
43	<b>MOTIFF Sarah</b>		15
47	<b>POWERS Caroline</b>		15
51	<b>DRAVES Kacey</b>		15
53	<b>ALTO Charlotte</b>		15
57	<b>SULLIVAN Elizabeth</b>		14
60	<b>CRANGLE Ella</b>		14
64	<b>VEST Emma</b>		14
68	<b>PAULSON Emily</b>		15
74	<b>MILLER Makenna</b>		15
77	<b>LADSON McKenna</b>		15
82	<b>DILUIGI Madeline</b>		14
97	<b>GARTLAND Lillian (GK)</b>		13
99	<b>MARSH Genna</b>		14

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\* As of 2018-12-31

### Team Staff

Role	Name
Team Manager	<b>GOODWIN Ralph</b>
Head Coach	<b>STUART Molly Lynne</b>
Assistant Coach	<b>MOSS William</b>

### Team Colours

Shirts	Navy Blue   Carolina Blue   White
Skirts	Navy Blue
Socks	Navy Blue   Carolina Blue   White
GK Shirts	Red   Gold   Blue

### Team Details NoVa FH Xtreme

Shirt No.	Player	Date of Birth	Age*
1	<b>STRIBLING Elizabeth</b>		13
19	<b>MACK Lydia</b>		15
19	<b>MACK Lydia</b>		14
20	<b>KARL Jennifer</b>		15
21	<b>NANZ Kaitlyn</b>		15
23	<b>PAPAS Maria</b>		15
26	<b>SULLIVAN Cayley</b>		13
31	<b>HAUBER Michaela</b>		15
34	<b>KELLY Karlene</b>		15
45	<b>POTTERTON Hannah</b>		14
50	<b>BROWN Megan</b>		15
60	<b>SULLIVAN Caroline</b>		15
60	<b>SULLIVAN Caroline</b>		15
71	<b>WEETS Braylee</b>		15
72	<b>KIM Lydia</b>		15
73	<b>SMITH Lydia</b>		15
74	<b>DALRYMPLE Lillian</b>		14
90	<b>WENDROWSKI Madeline</b>		15
97	<b>DEMARCO Bella</b>		14

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\* As of 2018-12-31

### Team Staff

Role	Name
Team Manager	<b>STRIBLING Katie</b>
Head Coach	<b>FORD Natalie</b>

### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

### Team Details Potomac Rapids FH

Shirt No.	Player	Date of Birth	Age*
3	<b>BLYTHE Lindsey</b>		15
7	<b>MURPHY Lauren</b>		14
11	<b>DISTEFANO Kate</b>		15
14	<b>LUNDBERG Sydney</b>		14
17	<b>RICHBOURG Kellen</b>		15
18	<b>MILLER Megan</b>		15
20	<b>HOLLIS Johanna</b>		14
22	<b>DHALIWAL Gurnoor</b>		15
24	<b>WARD Madigan</b>		13
34	<b>DAVIS McKenna</b>		13
52	<b>CAMPBELL Mikiela</b>		15
53	<b>IANNIZZI Olivia</b>		14
65	<b>RYAN Madeline</b>		15
66	<b>PRATZNER Lainey</b>		15
72	<b>OTTO Norah</b>		14
78	<b>BODDIE Jenna</b>		15
82	<b>MILLER Alexa</b>		13
89	<b>CHHINA Ria</b>		13
95	<b>PRATZNER Sierra</b>		13
100	<b>SCHMIDT Renee</b>		15
104	<b>KIMBERLY E. (GK)</b>		14
106	<b>DEMCSAK Quincy (GK)</b>		13
155	<b>JOANNOU Athena (GK)</b>		15

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\* As of 2018-12-31

### Team Staff

Role	Name
Team Manager	<b>HOLMGRAIN Laura</b>
Team Manager	<b>MILLER Ben</b>
Team Manager	<b>PRATZNER Lynnette</b>
Head Coach	<b>YARRISH Kellina</b>
Assistant Coach	<b>PAYNE Morgan</b>
Assistant Coach	<b>EDWARDS SLONIN Brooke</b>
Assistant Coach	<b>DEITOS Melissa</b>

### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

### Team Details Rampage FH

Shirt No.	Player	Date of Birth	Age*
5	<b>TRAVERS Abigail</b>		13
6	<b>PROPER Haley</b>		15
8	<b>ARSENEAU Anya</b>		14
9	<b>BEAUDOIN Kaia</b>		12
11	<b>BEAUDOIN Halley</b>		13
12	<b>KERSHENSTEIN Jordyn</b>		15
15	<b>ZAHORY Ayesha</b>		15
16	<b>MASON Annabella</b>		15
24	<b>NARDOTTI Isabella</b>		15
31	<b>RYAN Teagan</b>		14
35	<b>DUROSKO Gwyneth</b>		15
37	<b>KRAUSS Jordan</b>		15
39	<b>BAILEY Sofia</b>		14
42	<b>INGERSOLL Caroline</b>		14
54	<b>RISI Adriana</b>		15
62	<b>POOT Kyleigh</b>		15
65	<b>COLLINSWORTH Nora</b>		14
74	<b>VIA Gwendolyn</b>		14
87	<b>CUOMO Mattie (GK)</b>		14
91	<b>SILARZKA Sara</b>		15

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### Team Staff

Role	Name
Team Manager	<b>KARL Starr</b>
Head Coach	<b>MOSHOS April</b>
Assistant Coach	<b>WISNIEWSKI Stephanie</b>
Assistant Coach	<b>HOPKINS Brittany</b>
Assistant Coach	<b>BARRY Nicole</b>

### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	



Team Details Saints FHC

Shirt No.	Player	Date of Birth	Age*
0	HEYL Brooke		13
1	JONES Zoe		14
3	KEMP Jen		14
3	BURNETT Allie		15
4	FAGO Halle		15
5	ROBERTSON Rory		13
6	WORLEY Regan		14
8	WILEY Madison		14
9	WALLACE Margaret		13
9	JOHN Josi		14
10	COHEN Sadie		15
10	RIOS Victoria		14
11	FOREN Julia		15
12	BAKER Claire		13
13	HANNAM Madelyn		12
14	WILSON Mackenzie		13
15	ARSENOVA Dara		12
15	TAMMARO Emily		15
16	LENZMEIER Zoe		14
17	BUSCHERT Riley		15
18	HARTMAN Ava		13
19	ALLEN Madeline		15
20	KOCH Kinley		15
24	FREDERIC Sienna		13
25	SCOTT Lara		13
26	TURNER Lilly		12
27	KINZEL Devin		15
27	STUBBE Addie		14
28	JULIUS Fayth (GK)		15
29	PSIMAS Kiera		12
31	DICKEY Alder		14
32	FISCHER Abigail		14
34	MEYERS Landry		13
35	CURTH Greyson		13
36	PAYNE Finley		13
40	GARRISON Ruby		13
40	DUERDEN Madison (GK)		14
41	DIXON Grace		12
43	SUGDEN Julia		12
43	WILSON Payton		15
44	HALL Lydia		13
48	IRVING Nadia		15
50	KEARNEY Kyleigh		15
51	HOPKINS Anna		13
52	LAMB Isabel		12
52	LAMB Mallory		15
54	CASSIN Riley		14
55	SCHWARTZ Emmerson		15
57	TRAVIS Jordyn		15
60	MARCHAND Amora		14
64	DANIELS Kathryn		15
65	VOLPE Daniella		12
65	WOLLERTON Rylie		14
66	KANE Isabella		15
66	KANE Emersyn		11
67	WILKERSON Gracie		15

68	SKINNER Michaela		14
71	BAKER Madie		14
72	RUFFIN Mary		13
80	HARTER Emalene		13
81	HEATH Kyleigh		15
81	SPEYER Grace		15
82	PARKER Lynn		14
83	BUTLER Cameron		13
84	MAXEY Bryce		14
85	GALBRAITH Rebecca		14
86	JOHNSON Virginia		14
89	CADUA Alyssa		15
90	STEVENS Emma		13
90	HERTZ Kaitlyn		14
91	WU Erika		13
95	MOODY Morgan		12
97	IPPOLITO Maria		13
98	WHISNAND Adeline		13
99	MURRAY Kathryn		13
99	WEBNER Shannon		14
129	DAY Jollie		13
144	TAMMARO Olivia		15
160	TOLLAKSEN Alyssa		15
200	HEDSPETH Lauren		15
207	GORDON Alex		14

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#### Team Staff

Role	Name
Team Manager	WARNER JR Harold
Team Manager	SMITHER MAKOVEC Katelyn
Head Coach	THOMAS Mathew
Assistant Coach	TYSON Scotty
Assistant Coach	TYSON Jennifer

#### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

Team Details Saints ROCK

Shirt No.	Player	Date of Birth	Age*
1	WOLLERTON Rylie		14
1	JONES Zoe		14
3	BURNETT Allie		15
3	KEMP Jen		14
4	FAGO Halle		15
5	ROBERTSON Rory		13
6	WORLEY Regan		14
8	WILEY Madison		14
9	WALLACE Margaret		13
9	JOHN Josi		14
10	COHEN Sadie		15
10	RIOS Victoria		14
11	FOREN Julia		15
12	BAKER Claire		13
13	HANNAM Madelyn		12
14	WILSON Mackenzie		13
14	HINZMAN Taylor		14
15	ARSENOVA Dara		12
15	TAMMARO Emily		15
16	LENZMEIER Zoe		14
17	BUSCHERT Riley		15
18	CADUA Alyssa		15
18	HARTMAN Ava		13
19	ALLEN Madeline		15
20	KOCH Kinley		15
24	FREDERIC Sienna		13
25	SCOTT Lara		13
26	TURNER Lilly		12
27	STUBBE Addie		14
27	KINZEL Devin		15
28	JULIUS Fayth		15
29	PSIMAS Kiera		12
31	DICKEY Alder		14
32	FISCHER Abigail		14
34	MEYERS Landry		13
35	CURTH Greyson		13
36	PAYNE Finley		13
40	DUERDEN Madison		14
40	GARRISON Ruby		13
41	DIXON Grace		12
43	SUGDEN Julia		12
43	WILSON Payton		15
44	HALL Lydia		13
48	IRVING Nadia		15
50	KEARNEY Kyleigh		15
51	HOPKINS Anna		13
52	LAMB Mallory		15
52	LAMB Isabel		12
54	CASSIN Riley		14
55	SCHWARTZ Emmerson		15
57	TRAVIS Jordyn		15
60	MARCHAND Amora		14
64	DANIELS Kathryn		15
65	VOLPE Daniella		12
66	KANE Isabella		15
67	WILKERSON Gracie		15

68	SKINNER Michaela		14
71	PARKER Lynn		14
71	BAKER Madie		14
72	RUFFIN Mary		13
80	HARTER Emalene		13
81	HEATH Kyleigh		15
81	SPEYER Grace		15
84	MAXEY Bryce		14
85	GALBRAITH Rebecca		14
86	JOHNSON Virginia		14
88	BUTLER Cameron		13
90	STEVENS Emma		13
90	HERTZ Kaitlyn		14
90	HEYL Brooke		13
91	WU Erika		13
95	MOODY Morgan		12
97	IPPOLITO Maria		13
98	WHISNAND Adeline		13
99	MURRAY Kathryn		13
129	DAY Jollie		13
144	TAMMARO Olivia		15
160	TOLLAKSEN Alyssa		15
200	HEDSPETH Lauren		15
207	GORDON Alex		14

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#### Team Staff

Role	Name
Team Manager	<b>WARNER JR Harold</b>
Team Manager	<b>SMITHER MAKOVEC Katelyn</b>
Head Coach	<b>THOMAS Mathew</b>
Assistant Coach	<b>TYSON Scotty</b>
Assistant Coach	<b>TYSON Jennifer</b>

#### Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

Team Details TCOYO FH

Shirt No.	Player	Date of Birth	Age*
1	GALIOTOS Olivia		14
3	ZETTERVALL Olivia		15
4	ERWIN Joelle		14
6	SANFORD Lauren		13
8	SAN DIEGO Madeline		15
10	THETFORD Rachel		14
11	BETTENCOURT Brooke		12
12	LEWIS Grace		15
13	HUDDLESTON Ashley		13
14	BURNS Anne		14
15	ROSE Kathryn		13
21	WHITE Mackenzie		13
22	HESTER Taylor		14
23	MILLER Emersen		13
24	HECK Lily		15
25	EDENFIELD Marley		15
44	SPEAR Abby		14
46	SPEAR Megan		13
53	STOCKWELL Elizabeth		12
54	WALLACE Olivia		14
56	RUBY Kiersten		13
57	SCOTT Gretchen		12
59	ADAMS Elizabeth		12
61	SCHULWOLF Helene		15
72	HOLLAND Haley		15
74	ARSENAULT Lindsey		15
75	MUGLER Chloe		15
83	ROYLE Kathryn		14
88	BAUDOIN Antonia		13

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Team Staff

Role	Name
Team Manager	SZILASSY Alexandra
Assistant Coach	MORGAN Nicole
Assistant Coach	GEISLER Kristina

Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

**Team Details Undertow FHC**

Shirt No.	Player	Date of Birth	Age*
3	<b>ROY Rishika</b>		14
4	<b>OBLINSKY Annamei</b>		15
8	<b>TAMMISETTY Saahiti</b>		15
10	<b>DEAL Ansley</b>		13
11	<b>PATEL Shalini</b>		15
16	<b>WHITE Sophia</b>		15
19	<b>ALLUMS Charlotte</b>		14
21	<b>WRIGHT Sydney</b>		14
28	<b>POPPA Carsyn</b>		14
36	<b>FRANK Megan</b>		15
42	<b>O'NEIL Ellie</b>		14
70	<b>MOORE Paige</b>		14
72	<b>STANLEY Kayla</b>		14
74	<b>NAMBULA Shriya</b>		15
81	<b>BHATT Hamanya</b>		14
88	<b>GRANT Reagan</b>		13
96	<b>DURISHETTI Medha</b>		15
98	<b>BOYLE Bridget</b>		14

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**Team Staff**

Role	Name
Team Manager	<b>BEIRNE Plunket</b>

**Team Colours**

Shirts	
Skirts	
Socks	
GK Shirts	