

Pool Standings

Day 6 after 41 games played - June 2

Friendly

| Friendly | | Games | | | | Goals | | | Points |
|----------|-----------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | Saints ROCK | 3 | 0 | 3 | 0 | 0 | 0 | 0 | 3 |
| 2 | Undertow FHC | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 2 | Charlotte Ambush FHC | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| 2 | Carolina All Stars FH | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | ALL | AMBUSH | SNTS ROCK | UNDR |
|-----------------------|-----|--------|-----------|------|
| Carolina All Stars FH | | | 0-0 | |
| Charlotte Ambush FHC | | | 0-0 | |
| Saints ROCK | 0-0 | 0-0 | | 0-0 |
| Undertow FHC | | | 0-0 | |

Pool A

| Pool A | | Games | | | | Goals | | | Points |
|--------|-----------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | TCOYO FH | 12 | 10 | 1 | 1 | 48 | 5 | 43 | 30 |
| 2 | Saints FHC | 11 | 6 | 2 | 3 | 38 | 7 | 31 | 20 |
| 3 | Charlotte Ambush FHC | 11 | 5 | 1 | 5 | 28 | 30 | -2 | 16 |
| 4 | Carolina All Stars FH | 7 | 5 | 1 | 1 | 28 | 6 | 22 | 15 |
| 5 | Rampage FH | 4 | 4 | 0 | 0 | 12 | 0 | 12 | 12 |
| 6 | Typhoon Elite FH | 4 | 2 | 0 | 2 | 7 | 13 | -6 | 6 |
| 7 | Potomac Rapids FH | 12 | 1 | 1 | 10 | 11 | 27 | -16 | 4 |
| 8 | NoVa FH Xtreme | 4 | 1 | 0 | 3 | 3 | 12 | -9 | 3 |
| 9 | Undertow FHC | 11 | 1 | 0 | 10 | 3 | 78 | -75 | 3 |

Match #39 was not played due to weather, match cancelled and scored deemed 0-0 with no points awarded for tie. Points awarded for Wins: 3, Draws: 1, Losses: 0
Match #39 was not played due to weather, match cancelled and scored deemed 0-0 with no points awarded for tie.

| Team | ALL | AMBUSH | NXTR | PTMC | RAM | SFHC | TCOYO | TYPH | UNDR |
|-----------------------|-----------|------------------|-----------|-----------|-----------|-----------------|------------|------|------------------|
| Carolina All Stars FH | | 3-2 / 5-0 | | 5-0 | | 1-3 / 2-1 | 0-0 | | 12-0 |
| Charlotte Ambush FHC | 2-3 / 0-5 | | | 3-2 | | 0-9 / 1-0 / 0-0 | 2-4 / 0-6 | | 10-1 / 7-0 / 3-0 |
| NoVa FH Xtreme | | | | 2-1 | 0-4 | | 0-2 / 1-5 | | |
| Potomac Rapids FH | 0-5 | 2-3 | 1-2 | | 0-4 / 0-3 | 1-1 / 0-2 | 0-2 / 1-2 | 0-1 | 6-0 / 0-2 |
| Rampage FH | | | 4-0 | 4-0 / 3-0 | | | 1-0 | | |
| Saints FHC | 3-1 / 1-2 | 9-0 / 0-1 / 0-0 | | 1-1 / 2-0 | | | 0-2 | 7-0 | 8-0 / 7-0 |
| TCOYO FH | 0-0 | 4-2 / 6-0 | 2-0 / 5-1 | 2-0 / 2-1 | 0-1 | 2-0 | | 6-0 | 13-0 / 6-0 |
| Typhoon Elite FH | | | | 1-0 | | 0-7 | 0-6 | | 6-0 |
| Undertow FHC | 0-12 | 1-10 / 0-7 / 0-3 | | 0-6 / 2-0 | | 0-8 / 0-7 | 0-13 / 0-6 | 0-6 | |