

Team Details Carolina All Stars FH

| Shirt No. | Player | Date of Birth | Age* |
|-----------|-----------------------|---------------|------|
| 0 | CICUTO Alessia (GK) | | 15 |
| 1 | KRABBE Luisa | | 14 |
| 2 | SANOFF Katherine | | 13 |
| 5 | GARBER Elena | | 13 |
| 6 | LINDAUER Shayna | | 15 |
| 7 | MCCARRON Callie | | 13 |
| 8 | FREEDMAN Logan | | 13 |
| 11 | ENSANI Adriana | | 13 |
| 16 | NUSSBAUMER Molly | | 14 |
| 17 | BURGESS Lucie | | 15 |
| 19 | MILLER Reid | | 14 |
| 20 | GACA Alexis | | 13 |
| 23 | PENNISI Maddie | | 15 |
| 24 | BRICE Carly | | 15 |
| 26 | PERKINS Ava | | 14 |
| 29 | DADD Charlotte | | 15 |
| 30 | FOSTER Avery (GK) | | 14 |
| 31 | PHELPS Riley | | 15 |
| 33 | HUANG Madeleine | | 14 |
| 35 | STONE Anna | | 14 |
| 36 | ALVAREZ Juliette | | 13 |
| 46 | TAYLOR Emily | | 12 |
| 51 | WATERS Mathille | | 13 |
| 60 | KANTZ Caroline | | 13 |
| 66 | NORTH Felicity | | 12 |
| 77 | REYNOLDS Rebekah (GK) | | 14 |
| 88 | MAZURICK Ellie | | 15 |
| 99 | AYERS Adelaide (GK) | | 10 |
| 100 | JULSON Anikka (GK) | | 12 |
| 101 | RAFIDE Samira (GK) | | 14 |
| 119 | BOWNS Abigail | | 12 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|----------------|
| Team Manager | FULTON Meghan |
| Head Coach | AYERS Chantal |
| Assistant Coach | FULTON William |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Charlotte Ambush FHC

| Shirt No. | Player | Date of Birth | Age* |
|-----------|---------------------------|---------------|------|
| 0 | SCOTT Sophia (GK) | | 13 |
| 1 | PIGG Lucy (GK) | | 14 |
| 4 | ISON Lily | | 13 |
| 10 | MCMANUS FITZPATRICK Emily | | 12 |
| 12 | CATRON Blake | | 14 |
| 13 | GERBER Ella | | 13 |
| 14 | SAVAGE Ada | | 13 |
| 16 | ROMESBURG Ava | | 14 |
| 19 | GAGAN Ella | | 13 |
| 20 | SANDERS Brynn | | 13 |
| 24 | CONNOR Grayson | | 13 |
| 25 | PARADISE Mia | | 14 |
| 27 | HEMINGWAY Berkley | | 12 |
| 27 | ASBY Frances | | 15 |
| 28 | WILFONG Berkley | | 12 |
| 30 | HOWARD Remi | | 15 |
| 31 | FAHRNEY Anna | | 12 |
| 31 | WEHUNT Hayden | | 15 |
| 32 | HITZEMANN Annie | | 13 |
| 33 | FARMER Ada | | 15 |
| 34 | MCCLOSKEY Mae | | 15 |
| 38 | TOM Evie | | 14 |
| 40 | PAINTER Avery | | 13 |
| 43 | BREAUX Madeline | | 13 |
| 46 | JONES Alex | | 15 |
| 47 | WALTERS Kemp | | 15 |
| 49 | WILKINS Holland | | 12 |
| 50 | ALDAY Sienna | | 15 |
| 50 | STEIN Alexa | | 13 |
| 51 | HALL Kingsley | | 12 |
| 52 | CURTIS Lucy (GK) | | 15 |
| 53 | HARRILL Addison | | 15 |
| 54 | MOHANTY Mali | | 13 |
| 55 | COLLINS-FRIEDLAND Jaye | | 13 |
| 56 | WALLER Lillian | | 15 |
| 56 | PIASECKI Margaret | | 12 |
| 57 | HUNNIFORD Sophie | | 15 |
| 57 | HYDER Lii | | 12 |
| 59 | HASKELL Molly | | 15 |
| 67 | WINTERS Caroline | | 14 |
| 68 | BASKERVILLE McKenna | | 15 |
| 69 | HINSHAW Margaret | | 15 |
| 70 | WILLETTE Kate | | 14 |
| 73 | BULLARD Addison | | 13 |
| 74 | BROWN Margaret | | 14 |
| 75 | TEBBEN Meg | | 14 |
| 76 | GAROFOLI Martina | | 13 |
| 77 | THAILER Melanie | | 12 |
| 79 | EDWARDS Sydney | | 12 |
| 80 | SCHULKEN Karli | | 14 |
| 81 | BRYAN Ann | | 13 |
| 81 | COBLE Lily | | 15 |
| 83 | MEEK Gwennie | | 14 |
| 86 | CAICEDO Sarah | | 13 |
| 88 | STOKES Emma | | 12 |
| 89 | WATSON Melanie | | 14 |

| | | | |
|-----|-------------------|--|----|
| 92 | SETARO Anderson | | 14 |
| 95 | WILLIAMS Jill | | 13 |
| 96 | MLATAC Olivia | | 13 |
| 100 | WARD Molly | | 13 |
| 109 | QUERY Sydney | | 15 |
| 112 | KELLY Sara | | 13 |
| 126 | MCLEOD Bergan | | 12 |
| 129 | CROWE Olivia | | 14 |
| 133 | BRINLEY Catherine | | 14 |
| 160 | BLEAKNEY Morgan | | 15 |
| 182 | LEWIS Frances | | 15 |
| 186 | MCARDLE Lucy | | 15 |
| 192 | CHAMBERS Cate | | 15 |
| 197 | WHITE Kenna | | 15 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|------------------|
| Team Manager | LOEB Terry |
| Head Coach | MELANDO Kelsey |
| Assistant Coach | HEACOCK Sarah |
| Assistant Coach | PRESTIDGE Joseph |
| Assistant Coach | BUSBY Mac |
| Assistant Coach | GARRITY Michelle |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Focus FH

| Shirt No. | Player | Date of Birth | Age* |
|-----------|------------------------|---------------|------|
| 8 | ELLIS Sarah | | 15 |
| 11 | CANNON Ellis | | 14 |
| 12 | BAILEY Erma | | 14 |
| 18 | HILBURGER Mika | | 14 |
| 24 | ANDERSON Gabby | | 14 |
| 51 | TAKAHASHI-TRADER Kaila | | 11 |
| 53 | TRADER Kira | | 13 |
| 64 | BURCH Sophia | | 15 |
| 66 | SUTTON Erin | | 14 |
| 68 | FORTIN Natalee | | 14 |
| 75 | HARKIN Kathleen | | 14 |
| 83 | CALDWELL Ella | | 14 |
| 93 | WATKINS Avery | | 15 |
| 100 | ZABICKI Addyson | | 14 |
| 100 | SEIFERT Gabriella | | 14 |
| 103 | ELIZONDO Nina | | 14 |
| 104 | RAGUINI Sydney | | 14 |
| 105 | LAWTON Tamia | | 14 |
| 111 | LAWTON Madison (GK) | | 13 |
| 112 | GUILD Margaret | | 14 |
| 136 | SHIFFLETT Reagan | | 15 |
| 139 | KING Kenzie | | 14 |
| 168 | MANN Julia | | 15 |
| 182 | REECE Mackenzi | | 15 |
| 188 | LEMMINK Campbell (GK) | | 14 |
| 231 | WILSON Bailey | | 14 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|---------------|
| Team Manager | SUTTON Eileen |
| Head Coach | NIM Quan |
| Assistant Coach | YOUNG Julia |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Hammers FHC

| Shirt No. | Player | Date of Birth | Age* |
|-----------|----------------------------|---------------|------|
| 2 | NORFORD Sara | | 14 |
| 3 | DORRE Laurene | | 14 |
| 6 | HUGHES Katherine | | 15 |
| 9 | ROSHER Emma | | 15 |
| 14 | FEENEY Mackenzie | | 14 |
| 15 | FEDERICO Madeline | | 15 |
| 25 | STRIER Allison | | 15 |
| 26 | MATTHEWS Kalee | | 14 |
| 30 | DETWEILER Clara | | 15 |
| 33 | JANUSKO Emma | | 15 |
| 44 | PAULSON Kea | | 14 |
| 46 | EDWARDS Shannon | | 14 |
| 48 | NEWCOMB Lauren | | 15 |
| 62 | JOHANSEN Lindsey | | 15 |
| 70 | BOYCE Ella | | 15 |
| 76 | OFNER Rachel | | 15 |
| 93 | TAMARO Elizabeth | | 15 |
| 144 | WILCOX Alexis (GK) | | 15 |
| 153 | FELDER Madison (GK) | | 15 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2021-12-31

Team Staff

| Role | Name |
|--------------|------------------------|
| Team Manager | SMELTZER Ashley |
| Head Coach | DUDEK Meg |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details High Voltage FH

| Shirt No. | Player | Date of Birth | Age* |
|-----------|----------------------------|---------------|------|
| 6 | STRICKLER Christina | | 14 |
| 10 | MIDDELTON Samantha | | 14 |
| 19 | KINDEL Alexis | | 14 |
| 23 | HATFIELD Hailey | | 15 |
| 38 | WEIDERMAN Joni | | 15 |
| 48 | WINTER Peyton | | 15 |
| 55 | PEYTON Kyndra | | 14 |
| 59 | MARTELON Kathlyn | | 15 |
| 64 | CREWS Sierra | | 15 |
| 66 | PATTON Madison | | 14 |
| 79 | PETERS Ava | | 14 |
| 80 | RYAN Madalyn | | 14 |
| 82 | SANFORD Kayla | | 14 |
| 86 | DUMONT Claire | | 14 |
| 87 | CROW Grace | | 14 |
| 88 | HOUGH Addyson | | 14 |
| 89 | MALISZEWSKI Leah | | 15 |
| 92 | MARTIN Daphne | | 14 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|------------------------|
| Team Manager | TIERNEY Jamie |
| Assistant Coach | HAMLETT Lizzie |
| Assistant Coach | HEPPNER Lindsey |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Metro HC

| Shirt No. | Player | Date of Birth | Age* |
|-----------|--------------------|---------------|------|
| 2 | LANE Scarlett | | 12 |
| 3 | ARNOLD Anna | | 13 |
| 6 | LOSTY Hope | | 14 |
| 16 | TALBOTT Amanda | | 15 |
| 17 | MARTIN Amanda | | 15 |
| 18 | MOLONY Sinead | | 15 |
| 21 | CHOI Haley | | 14 |
| 22 | TOMASZEWSKI Cicely | | 14 |
| 24 | MOLINARI Josefina | | 13 |
| 25 | HARRISON Natalie | | 13 |
| 29 | PEREZ Jaelen | | 14 |
| 30 | HIGGINS Madison | | 13 |
| 34 | ABELE Claire | | 14 |
| 36 | RACINO Madison | | 14 |
| 38 | YU Sydney | | 15 |
| 39 | CUNNINGHAM Kearney | | 14 |
| 43 | SPARROW Marin | | 14 |
| 44 | CLARKE Kathryn | | 14 |
| 67 | MILOR Hannah | | 14 |
| 76 | POWERS Mary | | 15 |
| 77 | WINTERLE Alia (GK) | | 15 |
| 83 | GOIN Samantha | | 15 |
| 94 | RISI Melina (GK) | | 15 |
| 99 | FERRARA Kyra (GK) | | 12 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|-----------------------|
| Team Manager | JEWELL Jessi |
| Head Coach | GOODWIN Ralph |
| Assistant Coach | SHANNON Carley |
| Assistant Coach | HUGHES Ashlyn |
| Assistant Coach | YERGER Brooke |
| Assistant Coach | MOSS William |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Panthers U14

| Shirt No. | Player | Date of Birth | Age* |
|-----------|---------------------------|---------------|------|
| 8 | MOORE Eliana | | 13 |
| 11 | STOWELL Alexa | | 12 |
| 13 | JEREMIAH Taylor | | 13 |
| 14 | CURTIS Alexandra | | 13 |
| 15 | FITZGERALD Emery | | 13 |
| 17 | FRANCIS Olivia | | 11 |
| 25 | RIESSER Anna | | 13 |
| 28 | FASTIGE Olivia | | 13 |
| 29 | FITZGERALD Parker | | 10 |
| 34 | PANDYA Alisha | | 13 |
| 35 | BENJAMIN Caroline | | 13 |
| 36 | RIESSER Julia | | 12 |
| 44 | JOHNSON Avery (GK) | | 13 |
| 46 | BOYKIN Sara | | 13 |
| 55 | SHELDON Adleigh | | 12 |
| 58 | WILLIAMS Lysia | | 13 |
| 64 | LOGAN Lilah-Grace | | 13 |
| 73 | ECKENRODE Reece | | 12 |
| 77 | HARTER Lillian | | 12 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|------------------------|
| Team Manager | ELLIS Elizabeth |
| Assistant Coach | ZINKAVICH Anne |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Panthers United FH

| Shirt No. | Player | Date of Birth | Age* |
|-----------|------------------------------|---------------|------|
| 0 | STOWELL Alexa | | 12 |
| 1 | PAINTER Josie | | 15 |
| 7 | CATEDRAL Alaina | | 14 |
| 8 | MOORE Eliana | | 13 |
| 11 | KELLY Avery | | 14 |
| 13 | JEREMIAH Taylor | | 13 |
| 14 | CURTIS Alexandra | | 13 |
| 15 | CARRAWAY Caitlin | | 15 |
| 20 | RIESSER Anna | | 13 |
| 22 | KAHN Addison (GK) | | 15 |
| 24 | BUSBY Autumn | | 14 |
| 25 | KULPA Emily | | 15 |
| 26 | KENNEDY Callie | | 14 |
| 28 | FASTIGE Olivia | | 13 |
| 30 | BEATTY Karsin | | 14 |
| 34 | ROGERS Callie | | 15 |
| 35 | KOPSINIS Darcy | | 15 |
| 38 | BENJAMIN Caroline | | 13 |
| 44 | JOHNSON Avery (GK) | | 13 |
| 46 | BOYKIN Sara | | 13 |
| 48 | WOLOVICK Judith | | 15 |
| 53 | BENNETT Lauren | | 15 |
| 55 | WILLIAMS Lysia | | 13 |
| 58 | JOHNSON Ellie | | 15 |
| 60 | RICCI Lily | | 15 |
| 61 | VAN DER WESTHUIZEN Jean-Nika | | 15 |
| 62 | JOZIC Stella` | | 15 |
| 64 | LOGAN Lilah-Grace | | 13 |
| 65 | DAVIS Mary | | 15 |
| 66 | SHAFFER Skyler | | 15 |
| 67 | FITZGERALD Emery | | 13 |
| 67 | PANDYA Alisha | | 13 |
| 67 | PARKER Ann | | 14 |
| 70 | SHIREY Ella | | 15 |
| 72 | SOUTHALL Keagan | | 14 |
| 73 | ECKENRODE Reece | | 12 |
| 77 | RAUSCH Katherine | | 14 |
| 77 | HARTER Lillian | | 12 |
| 85 | GRELL Casey | | 15 |
| 86 | PAPIERNIAK Ainsley | | 15 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|-----------------|
| Team Manager | ELLIS Elizabeth |
| Head Coach | ZINKAVICH Anne |
| Head Coach | HYATT Madison |
| Assistant Coach | ROWE Alyssa |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Saints FHC

| Shirt No. | Player | Date of Birth | Age* |
|-----------|----------------------------|---------------|------|
| 0 | ROWELL Parker (GK) | | 15 |
| 1 | CARLEY Abigail (GK) | | 14 |
| 6 | MOSCIANO Anna (GK) | | 14 |
| 17 | CHUN Abigail (GK) | | 15 |
| 23 | RICHARDS Alex | | 15 |
| 24 | BROOKS-BOOTH Rylee | | 15 |
| 25 | CHRISTENBURY Hannah | | 14 |
| 27 | DIXON Mae | | 14 |
| 28 | BASS Chala | | 15 |
| 29 | TURNER Lilly | | 15 |
| 30 | CURRAN Grace | | 14 |
| 31 | WHITWORTH Ryan | | 14 |
| 32 | WARD Hailey | | 14 |
| 33 | DERR Mackenzie | | 14 |
| 43 | VOLPE Daniella | | 15 |
| 44 | ZASZEWSKI Isabella | | 14 |
| 45 | PENNER Madelyn | | 15 |
| 46 | KITZMILLER Isadora | | 14 |
| 47 | KISER Chloe | | 15 |
| 51 | BERKEYHEISER Anne | | 14 |
| 52 | DIXON Grace | | 15 |
| 53 | HITCHINGS Claire | | 14 |
| 54 | KIRBY Hannah | | 14 |
| 55 | LAMB Isabel | | 15 |
| 56 | WRIGHT Emily | | 14 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|--------------------------------|
| Team Manager | SMITHER MAKOVEC Katelyn |
| Team Manager | TYSON Scotty |
| Head Coach | WARNER JR Harold |
| Assistant Coach | THOMAS Mathew |
| Assistant Coach | SMITHER Kelsey |
| Assistant Coach | TYSON Jennifer |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Stick Power Elite

| Shirt No. | Player | Date of Birth | Age* |
|-----------|---------------------|---------------|------|
| 1 | CHAPPELL Alora | | 14 |
| 3 | BLACKBURN Ashtyn | | 13 |
| 4 | ALBERT Maesyn | | 15 |
| 6 | SECRIST Taylor | | 13 |
| 7 | MAPLES Payton | | 14 |
| 9 | WAITE Iris | | 14 |
| 11 | TRANT Elizabeth | | 13 |
| 12 | HOUTZ Charlotte | | 13 |
| 12 | TUTONE Makenzie | | 15 |
| 13 | GORETSKIE Isabella | | 15 |
| 18 | OATES Grace | | 15 |
| 19 | ELLIOTT Ella | | 15 |
| 23 | PRIDGEN Erin | | 14 |
| 28 | JONES Ashlin | | 14 |
| 39 | WEST Chloe | | 14 |
| 42 | RUDDERS Campbell | | 15 |
| 54 | SIEGEL Parker | | 14 |
| 61 | MCGINN Abbie | | 15 |
| 70 | LILLEY Jordan | | 14 |
| 77 | FLY Meghan | | 14 |
| 100 | MILLER Berkley (GK) | | 15 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|------------------|-------------------------|
| Team Manager | KERR Allie |
| Stand-In Manager | MELLENDEZ Yaphet |
| Head Coach | STEWART Emma |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |

Team Details Xtreme

| Shirt No. | Player | Date of Birth | Age* |
|-----------|----------------------------|---------------|------|
| 0 | INGSON Annabel (GK) | | 15 |
| 3 | NIEDRICK Siena | | 14 |
| 6 | KRAUSS Ella | | 14 |
| 7 | BALDWIN Addison | | 14 |
| 8 | MASLIN Astrid | | 14 |
| 9 | MASICH Peyton | | 13 |
| 10 | TILGNER Marissa | | 15 |
| 13 | DUROSKO Ava | | 14 |
| 15 | UVIEDO Callia | | 13 |
| 19 | HASTINGS Teagan | | 13 |
| 24 | ROBERTSON Kaitlyn | | 14 |
| 28 | LENNEN Kelby | | 14 |
| 30 | BERG Darah | | 15 |
| 34 | PEHRKON Paige | | 14 |
| 46 | CAMERON Riley | | 15 |
| 48 | CONNOLLY Addyson | | 14 |
| 49 | MCCULLOCH Elise | | 15 |
| 50 | ELLIFF Charlotte | | 14 |
| 55 | WOMACK Ella (GK) | | 14 |

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* As of 2021-12-31

Team Staff

| Role | Name |
|-----------------|---------------------------------|
| Team Manager | STRIBLING Katie |
| Team Manager | STRIBLING Mary Katherine |
| Head Coach | HASTINGS Amy |
| Assistant Coach | INDERBITZIN Corin |

Team Colours

| | |
|-----------|--|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirts | |