



Team Lineup

Uprise FHC

	Match Information	Team Colours	Uprise FHC
Match #	11	Shirts	
Details	UFH v FSC (U19s)	Skirts	
Date	21 December 2024 19:00	Socks	
Pitch	Court 1	GK Shirt	

Player Lineup

Match	Starting	Shirt	Player Name	Please designate Captain (C)
Player	Lineup	Number		Please designate Goalkeeper (GK)

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name

Team Manager's Signature

Match Players - maximum of 18 Starting Lineup - maximum of 6

Technical Delegates: SANDS-CORL Regina (USA), FLOOD Samantha (USA)

