



**Team Lineup**

**Uprise FHC**

Match Information	
Match #	4
Details	<b>UFH v PHXE (Pool B)</b>
Date	<b>12 April 2025 14:00</b>
Pitch	<b>CAPEL - Field #6</b>

Team Colours	Uprise FHC
Shirts	
Skirts	
Socks	
GK Shirt	

**Player Lineup**

Match Player	Starting Lineup	Shirt Number	Player Name

Please designate Captain (C)  
 Please designate Goalkeeper (GK)

Match Players - maximum of 18  
 Starting Lineup - maximum of 11

**Team Bench Personnel**

Manager	Coach	Physio	Doctor	Other	Name

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 Team Manager's Signature