

2025 Region 8: South U16 JPOL 3 May - 1 Jun 2025 VA



Team Lineup

Rise Up FHC

Match Information				
Match #	9			
Details	RISE v RFHC (U16s)			
Date	4 May 2025 09:00			
Pitch	RIVER CTY - Pitch #12			

Team Colours	Rise Up FHC
Shirts	
Skirts	
Socks	
GK Shirt	

Player Lineup

Match	Starting	Shirt	Player Name	Please desig
Player	Lineup	Number		Please desig

Please designate Captain (C) Please designate Goalkeeper (GK)

Match Players - maximum of 18 Starting Lineup - maximum of 11

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name
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Team Manager's Signature

Altiusrt