



2025 Region 8: South U16 JPOL  
3 May - 1 Jun 2025  
VA



Team Lineup

Rise Up FHC

Match Information	
Match #	31
Details	RISE v AMBUSH (Classification 3/4th)
Date	1 June 2025 15:00
Pitch	VB TRNG CNTR - Pitch 2

Team Colours	Rise Up FHC
Shirts	
Skirts	
Socks	
GK Shirt	

Player Lineup

Match Player	Starting Lineup	Shirt Number	Player Name
		1	CRAWFORD Josie
		4	PECK Kennedy
		6	BOMBIEN Reagan
		7	FREDERICK Allison
		8	TOMALAS Charlotte
		10	HEINZE Mackenna
		11	MCMANUS FITZPATRICK Emily
		12	MCQUOWN Kierianne
		14	SHAUGHNESSY Emma
		15	DOUGHERTY Mallory
		16	RAO Diya
		17	KOPLEY Reese
		21	HOWELL Beatrice
		23	MCHUGH Madeline
		25	THAILER Melanie
		27	ROONEY Kaitlyn
		28	WILFONG Berkley
		30	STEELE Avery
		33	RIORDAN Emily
		38	MCQUOWN Annabella
		97	HEILIG Colette

Please designate Captain (C)  
Please designate Goalkeeper (GK)

Match Players - maximum of 18  
Starting Lineup - maximum of 11

Team Manager's Signature

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name
					CRAWFORD Michelle (Team Manager)

Technical Delegate: RUDD Elizabeth (USA)