



Team Lineup

Uprise FHC

| Match Information | |
|-------------------|-----------------------|
| Match # | 46 |
| Details | CPFH v UFH (U19s) |
| Date | 11 January 2025 10:40 |
| Pitch | Court 2 |

| Team Colours | Uprise FHC |
|--------------|------------|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirt | |

Player Lineup

| Match Player | Starting Lineup | Shirt Number | Player Name |
|--------------|-----------------|--------------|-------------|
|--------------|-----------------|--------------|-------------|

Please designate Captain (C)
Please designate Goalkeeper (GK)

Match Players - maximum of 18
Starting Lineup - maximum of 6

Team Bench Personnel

| Manager | Coach | Physio | Doctor | Other | Name |
|---------|-------|--------|--------|-------|------|
|---------|-------|--------|--------|-------|------|

Team Manager's Signature