



Team Lineup

Uprise FHC

| Match Information | |
|-------------------|------------------------|
| Match # | 1 |
| Details | UFH v ACAT (U16s) |
| Date | 21 December 2024 09:00 |
| Pitch | Court 1 |

| Team Colours | Uprise FHC |
|--------------|------------|
| Shirts | |
| Skirts | |
| Socks | |
| GK Shirt | |

Player Lineup

| Match Player | Starting Lineup | Shirt Number | Player Name |
|--------------|-----------------|--------------|-------------|
|--------------|-----------------|--------------|-------------|

Please designate Captain (C)
Please designate Goalkeeper (GK)

Match Players - maximum of 18
Starting Lineup - maximum of 6

Team Bench Personnel

| Manager | Coach | Physio | Doctor | Other | Name |
|---------|-------|--------|--------|-------|------|
|---------|-------|--------|--------|-------|------|

Team Manager's Signature