



Team Lineup

Uprise FHC

Match Information	
Match #	43
Details	UFH v MHC (U16s)
Date	11 January 2025 16:30
Pitch	Court 1

Team Colours	Uprise FHC
Shirts	
Skirts	
Socks	
GK Shirt	

Player Lineup

Match Player	Starting Lineup	Shirt Number	Player Name
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Please designate Captain (C)
Please designate Goalkeeper (GK)

Match Players - maximum of 18
Starting Lineup - maximum of 6

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name
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Team Manager's Signature