



Team Lineup

Uprise FHC

Match Information			eam Colours	Uprise FHC
Match #	3		Shirts	
Details	UFH v MAYHEM (Pool B)		Skirts	
Date	5 April 2025 10:00		Socks	
Pitch	PROVING - Field Turf #4		GK Shirt	

Player Lineup

Match	Starting	Shirt	Player Name	Please designate Captain (C)
Player	Lineup	Number		Please designate Goalkeeper (GK)

Team Bench Personnel

Team Manager's Signature

Match Players - maximum of 18 Starting Lineup - maximum of 11

Technical Delegate: SANDS-CORL Regina (USA)

