



Team Lineup

Uprise FHC

Match Information	
Match #	4
Details	UFH v PHXE (Pool B)
Date	12 April 2025 14:00
Pitch	CAPEL - Field #6

Team Colours	Uprise FHC
Shirts	
Skirts	
Socks	
GK Shirt	

Player Lineup

Match Player	Starting Lineup	Shirt Number	Player Name

Please designate Captain (C)
 Please designate Goalkeeper (GK)

Match Players - maximum of 18
 Starting Lineup - maximum of 11

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name

 Team Manager's Signature