



Team Lineup

Uprise FHC

Match Information	
Match #	13
Details	UFH v MJK (Pool B)
Date	17 May 2025 10:00
Pitch	MONMOUTH - So Sweet a Cat Field

Team Colours	Uprise FHC
Shirts	
Skirts	
Socks	
GK Shirt	

Player Lineup

Match Player	Starting Lineup	Shirt Number	Player Name

Please designate Captain (C)
 Please designate Goalkeeper (GK)

Match Players - maximum of 18
 Starting Lineup - maximum of 11

Team Bench Personnel

Manager	Coach	Physio	Doctor	Other	Name

 Team Manager's Signature